

Curriculum Map

Year 9 GCSE PE

Half term	Theory content summary	Practical skills & content covered	Skills & content revisited	Summative assessment schedule, including assessment criteria
Autumn 1	Components of Fitness testing/Types of training	Fitness Testing Handball Football	Regular retrieval practice of theory content covered	Topic test of theory content covered
Autumn 2	Skeletal and Muscular Systems	Table Tennis Trampolining	Regular retrieval practice of theory content covered	Topic test of theory content covered
Spring 1	Principles of Training Optimising Training	Badminton Handball	Regular retrieval practice of theory content covered Handball skills	Topic test of theory content covered
Spring 2	Components of warm up and cool down Skill classification & Goal setting	Table Tennis Trampolining	Regular retrieval practice of theory content covered Table Tennis and Trampolining skills	Topic test of theory content covered
Summer 1	Revision of content covered Writing AEP	Assessment in practical performance	Application of theory content covered in coursework Skills developed in practical lessons	Topic test of theory content covered
Summer 2	Revision of content covered Writing AEP	Fitness Testing	Application of theory content covered in coursework	Sections of AEP