

		Unit title with hyperlink to scheme of work	Unit summary	Skills & content covered	Key concepts in PE lessons	Links to GCSE skills and content	Summary of formative marking, feedback and student response	Summative assessment schedule, including assessment criteria
Winter Sports	Rugby	<a href="#">KS3 PE Content Overview</a>	Developing both the skills required for competence in rugby and an understanding of rules and tactics	Dribbling, Shooting, Passing, Attacking and Defensive tactics	<b>HT1 - Why we study PE</b> (Physical Benefits, Mental Health, Social Health and well-being) <b>HT2 - How to improve in PE</b> (Providing and Acting upon Feedback) <b>HT3 - Positivity</b> (Confidence, Attitude and Positivity in PE) <b>HT4 - Don't fear failure</b> (Comfort Zones, Failure, Growth Mindset) <b>HT5 - Setting goals in PE</b> (Intrinsic and Extrinsic motivation and goal setting) <b>HT6 - Achieve in PE</b> (Persistence, Determination, Celebrating progress)	Practical assessment in team sports	<a href="#">PE Feedback policy</a>	Assessment against the Head, Heart & Hands assessment criteria at the end of each sport unit. The final lesson of each sport scheme of work incorporates a summative assessment of the core and advance skills.
	Badminton		Developing both the skills required for competence in badminton and an understanding of rules and tactics	Attacking shots, defensive shots, tactics		Practical assessment in individual sports		
	Trampolining & gymnastics/Dance		Developing both the skills required for competence in trampolining/gymnastics/dance and an understanding of compositional ideas	Shapes, rotational movements, body tension and aesthetic		Practical assessment in individual sports		
	Table Tennis		Developing both the skills required for competence in table tennis and an understanding of rules and tactics	Attacking shots, defensive shots, tactics		Practical assessment in individual sports		
	Basketball/ netball		Developing both the skills required for competence in basketball and an understanding of rules and tactics	Shooting, Passing, Movement, Attacking and Defensive tactics		Practical assessment in team sports		
Summer Sports	Rounders		Developing both the skills required for competence in rounders and an understanding of rules and tactics	Hitting, fielding, throwing, catching, tactics		Practical assessment in individual sports		
	Athletics		Developing both the skills required for competence in athletics and an understanding of rules and tactics	Track events, field events, rules and regulations		Practical assessment in individual sports		