

		Unit title with hyperlink to scheme of work	Unit summary	Skills & content covered	Key concepts in PE lessons	Summary of formative marking, feedback and student response	Summative assessment schedule, including assessment criteria
Winter Sports	Football	KS3 PE Content Overview	Developing both the skills required for competence in football and an understanding of rules and tactics	Dribbling, Shooting, Passing, Attacking and Defensive tactics	<p>HT1 - Why we study PE (Physical Benefits, Mental Health, Social Health and well-being)</p> <p>HT2 - How to improve in PE (Providing and Acting upon Feedback)</p> <p>HT3 - Positivity (Confidence, Attitude and Positivity in PE)</p> <p>HT4 - Don't fear failure (Comfort Zones, Failure, Growth Mindset)</p> <p>HT5 - Setting goals in PE (Intrinsic and Extrinsic motivation and goal setting)</p> <p>HT6 - Achieve in PE (Persistence, Determination, Celebrating progress)</p>	PE Feedback policy	Assessment against school wide Attitudes to Learning and Attitudes to Others criteria
	Badminton		Developing both the skills required for competence in badminton and an understanding of rules and tactics	Attacking shots, defensive shots, tactics			
	Trampolining		Developing both the skills required for competence in trampolining and an understanding of compositional ideas	Shapes, rotational movements, body tension and aesthetic			
	Table Tennis		Developing both the skills required for competence in table tennis and an understanding of rules and tactics	Attacking shots, defensive shots, tactics			
	Fitness/OAA		Developing both the skills required for competence in fitness and OAA and understanding of physical fitness and personal skills	Physical fitness, teamwork, problem solving			
Summer Sports	Rounders		Developing both the skills required for competence in rounders and an understanding of rules and tactics	Hitting, fielding, throwing, catching, tactics			
	Athletics		Developing both the skills required for competence in athletics and an understanding of rules and tactics	Track events, field events, rules and regulations			