Assessment Grid

Subject: **Physical Education**   Year: **8**   Topic/module: **Gymnastics**

KS4 target direction	4	6	8(9)
Advanced	Enrichment/extension – reaching, or part of, next pathway → Features of work may include:	Enrichment/extension – reaching, or part of, next pathway → Features of work may include:	Enrichment/extension Features of work may include:
Secure *Students must achieve competence in* **all** *statements before being judged 'Secure'*	**Secure** The student can: • Perform simple skills, actions and balances. In pairs or in groups and using the floor apparatus. • Perform basic vaulting skills. • Identify the components of fitness required for gymnastics. • Make basic judgement about quality of work, applying set criteria. Be aware of areas needing improvement. • Move into and out of actions with control, putting these into a sequence which challenges ability. • Warm up and cool down.	**Secure** The student can: • Select and apply actions, skills and balances both on the floor and using apparatus. • Perform vaulting skills with confidence and good technique. • Describe the components of fitness & training methods. • Demonstrate control of body in performance. • Work in pairs and small groups to create balances and link sequences together. • Plan, perform and evaluate: they can choose and make use of criteria to judge own and others performance, using terminology. • Describe what is needed to achieve goals.	**Secure** The student can: • Use complete combinations of skills, actions and balances with quality and dynamic control. • Perform more advanced vaulting skills, such as a handspring. • Plan & conduct a training session to improve a component of fitness in gymnastics. • Devise sequences which challenge own abilities. • Work in pairs and groups providing stimulus and guidance for others. • Analyse own and others work. • Use specific terminology. • Devise and lead warm up and cool downs.
Developing	Mostly secure – one or more gaps For example:	Mostly secure – one or more gaps For example:	Mostly secure – one or more gaps For example:
Beginning	Significant gaps	Significant gaps	Significant gaps