

Assessment grid			
Subject: Food & Nutrition		Year: 8	Topic/module/theme: Healthy Eating
KS4 target direction	4	6	8(9)
Advanced	Enrichment/extension – reaching, or part of, next pathway → Features of work may include:	Enrichment/extension– reaching, or part of, next pathway → Features of work may include:	Enrichment/extension Features of work may include:
Secure <i>Students must achieve competence in all statements before being judged ‘Secure’</i>	Secure The student can: <ul style="list-style-type: none"> Understand the principles of healthy eating, able to reference the eat well plate. Cook various dishes, with a good level of skill. Use a range of cooking techniques [for example, selecting and preparing ingredients; using utensils and electrical equipment; applying heat in different ways; Able to season whilst cooking using a recipe. Understand where ingredients come from. Homework – Homework tasks are incomplete or to an unacceptable standard. 	Secure The student can: <ul style="list-style-type: none"> Understand the principles of nutrition and health Cook a repertoire of predominantly savoury dishes Become competent in a range of cooking techniques [for example, selecting and preparing ingredients; using utensils and electrical equipment; applying heat in different ways; Using awareness of taste, texture and smell to decide how to season dishes Understand the source, seasonality of a broad range of ingredients Homework – All homework tasks are completed to a good standard 	Secure The student can: <ul style="list-style-type: none"> Understand and apply the principles of nutrition and health Cook a repertoire of predominantly savoury dishes so that they are able to feed themselves and others a healthy and varied diet Become highly skilled in a range of cooking techniques [for example, selecting and preparing ingredients; using utensils and electrical equipment; applying heat in different ways; Using awareness of taste, texture and smell to decide how to season dishes and combine ingredients; adapting and using their own recipes]



			<ul style="list-style-type: none">• Understand the source, seasonality and characteristics of a broad range of ingredients• Homework – All homework tasks, including the extended project have been completed to a high standard.
Developing	Mostly secure – one or more gaps For example:	Mostly secure – one or more gaps For example:	Mostly secure – one or more gaps For example:
Beginning	Significant gaps	Significant gaps	Significant gaps