

AQA A Level Psychology

TOPIC: Paper 1 Psychopathology

Psychopathology is the scientific study of mental/psychological disorders. The Psychopathology topic considers different explanations for various psychological disorders (e.g. depression, phobias and obsessive-compulsive disorder), including biological, psychological and social explanations. This lesson I want to focus on **OCD**

NOTE: this topic addresses very sensitive issues surrounding mental health. Please be mindful that some of the following material may trigger emotions you may or may not be familiar with. If this is something that is a concern, please let an adult know e.g. parents/carers/form tutor or your head of year.

Task 1:

Watch the YouTube video.

Please be mindful that this video may trigger some emotions of discomfort or stress. Please inform and adult if you feel this affects you in a significant way.

<https://www.youtube.com/watch?v=KOami82xKec>

Task 2:

Using google, what does OCD stand for and write a couple sentences to define OCD:

Research and describe the main symptoms of OCD:

List the different types of OCD:

Task 3:

Watch the YouTube video and answer the following questions.

Please be mindful that this video may trigger some emotions of discomfort or stress. Please inform and adult if you feel this affects you in a significant way.

https://www.youtube.com/watch?v=I8Jofzx_8p4

What percent of the population does OCD effect?

What famous footballer suffers from OCD?

What are the 4 main DSM-V criteria for an OCD diagnosis:

1. _____
2. _____
3. _____
4. _____

What are the causes of OCD:

What are the treatments for OCD:
