

| Time (term) | Unit Title | Description |
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| 11.1 | Gamesmanship, Deviance and Sportsmanship | In this unit, pupils will discover the methods used by athletes to gain an unfair advantage through both deviance and gamesmanship. They will also look at sportsmanship, respect and decency in sport. |
| 11.2 | Biomechanics | This unit will cover levers, planes of motion and axis of rotation, giving pupils an understanding of the fundamentals of biomechanics. |
| 11.3 | Trends and National Sporting Initiatives | Pupils will look at the initiatives used locally, Nationally and Internationally to grow sport, improve participation and develop the ability of athletes |
| 11.4 | Preparation for final assessments | All of the topics covered across the duration of the course will be revised and exam preparation will be the focus of this unit. |
| 11.5 | Preparation for final assessments | Final revision and exam preparation. |