



Year 8 to Year 9 Transition Newsletter

Welcome

We have reached the first secondary school milestone, the transition into the Upper School and the start of your child's GCSE journey. As part of the Upper School, students will wear the blue polo shirt rather than white.

Our Year 8 students have shown great resilience, versatility, and ambition throughout their time as part of the Lower School.

Now that they have chosen their GCSE options, included in this newsletter are some useful links, resources, and tasks for them to take a look at over the summer holidays to help them to feel prepared to start their new course.

We wish you all a restful and well-deserved summer break and look forward to welcoming our young people back as Upper School students in September.

Regards,
Melanie O'Malley
Head of Upper School

The Upper School Team



HEAD OF UPPER SCHOOL
Melanie O'Malley



DEPUTY HEAD OF UPPER SCHOOL
Moji Awojobi



HEAD OF YEAR 9
Jack Lumb

Please feel free to get in touch if you have any questions. Most of the form tutors will remain the same. There are a few changes to the tutor team due to changes in staffing. Please see below the list of form tutors for each tutor group.

9S	Mr Lucas Holt
9T	Ms Amy Foden
9O	Ms Emily Clifford
9K	Ms Hannah Preedy
9I	Mr Huseyin Tozanoglu
9N	Mr Ed Hill
9E	Dr Julia Cooper
9W	Ms Yazmina Choudhury
9G	Mr Richard Maiden

Art

Visit galleries free collections:

Tate Britain, Tate Modern, National Gallery and NATIONAL PORTRAIT GALLERY, V&A

Free independent galleries:

WHITE CUBE, GAGOSIAN, SAATCHI GALLERY, SERPENTINE GALLERY and VICTORIA MIRO

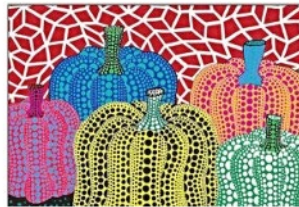
(Draw in the gallery - find out about an artist and what was happening in the world at that time. How it is relevant to the work?)

WRITING ABOUT ART - keepcalmanddrawsomething.weebly.com/how-to-write-about-art.html

TATE - WHY STUDY ART? – great short film about studying art

Useful websites/links:

- www.nationalgallery.org.uk/visiting/virtual-tours
- www.pinterest.co.uk/
- artsandculture.google.com/
- www.tate.org.uk/art
- www.studentartguide.com/about
- artsandculture.google.com/partner/solomon-r-guggenheim-museum



Summer Project

Look at the work of the artist YAYOI KUSAMA and respond to her work. Choose 3 activities ;

- 1 Artist research page
- 2 Drawing – pencil/pen
- 3 Watch video [Youtube - About Kusama](#) - write about what you have learnt
- 4 Create a collage
- 5 Create a sculpture using found materials/cardboard

Additional advice:

When looking at artists work try to use keywords to describe their work:

- what they make
- how they make it
- why they make it (inspirations and influences)

GCSE Art and Design Textiles

Reading list and resources

Visit the school or local library and look at the art and design books. At Stoke Newington School we have a good selection of fashion and textiles books and magazines.

You can also visit the following museums if you are able to or look at their websites:

- The V&A
- The Design Museum
- Fashion and textiles museum
- Tate Britain or Tate Modern

Useful websites/links

- GCSE Art and Design <https://www.bbc.co.uk/bitesize/subjects/z6hs34j>
- V&A <https://www.vam.ac.uk/collections/fashion>
- FTM <https://www.ftmlondon.org/>

Summer task:

The theme of our first project will be Patterns in Nature.

Collect some pictures of natural forms including flowers, leaves, birds, insects and animals.

You can take photographs and draw these images.

Try to put these into a sketch book scrap book.



Additional advice/guidance:

Try to get yourself an A5 or A4 sketch book.

As designers we can get inspiration from the world around us. Begin to create a sketch book of anything that interests or inspires you. Have the sketchbook with you as often as possible, fill it with photographs, drawings, cuttings from magazines, found objects, anything that might inspire you to design!

Citizenship

Watch BBC News or Channel 4 News

Link to specification:

<https://www.aqa.org.uk/subjects/citizenship/gcse/citizenship-studies-8100/specification-at-a-glance>
<https://www.aqa.org.uk/subjects/citizenship/gcse/citizenship-studies-8100>

Link to some past papers:

<https://filestore.aqa.org.uk/resources/citizenship/AQA-81001-SQP.PDF>
<https://filestore.aqa.org.uk/resources/citizenship/AQA-81002-SQP.PDF>

Best revision guide to buy and available from:

https://www.amazon.co.uk/My-Revision-Notes-Citizenship-Studies/dp/151041830X/ref=mp_s_a_1_4?dchild=1&keywords=gcse+citizenship+revision+guide+9-1&qid=1620655130&sprefix=gcse+citizenship+revision+guide&sr=8-4

Amazon, WH Smith, also stocked in school

Best online resources/apps:

<https://www.parliament.uk/>
<https://www.gov.uk/>
<https://www.change.org>
<https://www.amnesty.org.uk/>

Summer task:

Choose a newspaper article from each week of the summer holiday and either stick them to a large sheet of paper or file them in one folder - you must annotate each one with the answers to the following questions:

- 1) Which newspaper does this article come from?
- 2) Why did you choose this article
- 3) What have you learnt from this article?
- 4) Which country is/are most affected by what is going on in this article?
- 5) How can the issue in this article be resolved? Who can resolve it?
- 6) Do you have any questions about this article? What are they?

Computer Science

You can learn coding using this website:

- www.w3schools.com/python/

You can read about the history of Computer Science:

- www.livescience.com/20718-computer-history.html

Research into building your own PC using this website as a guide to component required:

- www.pcspecialist.co.uk/build-your-own-pc/

English

Year 9 English is a transition year to prepare you from KS3 to your GCSEs.

Reading list and resources:

- George Orwell - 1984
- Suzanne Collins - The Hunger Games
- Lois Lowry - The Giver
- Ray Bradbury - Fahrenheit 451
- Veronia Roth - Divergent
- Octavia Butler - The Parable of the Sower
- Marlorie Blackman - Noughts and Crosses
- Kwame Alexander - He Said, She Said
- Patrick Ness - The Rest of Us Just Live Here



<https://www.bbc.co.uk/bitesize/subjects/zr9d7ty>

<https://www.sparknotes.com/shakespeare/romeojuliet/>

<https://www.stokenewingtonschool.co.uk/learning/school-video-library>

Summer tasks:

- Read at least one of the suggested novels above (you can rent it from the school e-library)
- Go and visit The Globe on the Southbank: <https://www.shakespearesglobe.com/>
- Complete a piece of persuasive writing on the statement: Climate change is the most important issue facing humankind today
- Create a research poster for Shakespeare and George Orwell

Geography

In Year 9 students study the following topics: Tectonic hazards, Weather Hazards, Climate Change, Rainforests, Deserts, Rivers and Coasts. They go on to study Human Geography including global development, Urban Challenges and the Challenges of Resource Provision in Year 10 and 11. As well as a specific reading list we would encourage students starting their GCSE to watch/read the news on a daily basis and create a portfolio of case studies (real life examples) of news stories relating to the above topics. Students should collate information on how the news story relates to one of the topics above, who is involved, where it is taking place, facts and figures and possible solutions.

Reading List:

Adventure

- 'Touching the Void' - Scholastic Version (abridged) - Joe Simpson
- 'Great Adventurers' - Alastair Humphreys
- 'The Boy who Cycled the World' - Alastair Humphreys - 3 volumes and very readable

Factual

- 'Horrible Geography' series of books - Anita Ganeri - look out for cheap deals on the box set
- 'Shackleton's Journey' - William Grill (also accompanying Activity Book)
- Ladybird Expert Series:
- 'Plate Tectonics' - Iain Stewart
- 'Shackleton' - Ben Saunders
- 'Climate Change' - Charles, Prince of Wales
- 'Evolution' - Steve Jones
- 'How bad are bananas?' - Mike Berners-Lee
- 'Solving the Puzzle under the Sea' - Paul Burleigh and Raul Colon - a lovely picture book telling the story of how Marie Tharp mapped the Atlantic and helped uncover the theory of
- Plate Tectonics
- 'Our Planet' - accompanies the David Attenborough Netflix Series
- 'I am Malala - Malala Yousafzai - also check out her more recent book, which has stories of migrants and is called 'We are displaced' - this is ideal for KS3 pupils and will be challenging.
- 'World without Fish' - Mark Kurlansky - picture book looking at the decline of fish in the oceans.

Activity Books

- 'Mission:Explore' - The Geography Collective
- 'Mission:Explore Food' - The Geography Collective
- 'Mission:Explore National Parks' - The Geography Collective
- 'Wreck this Journal' - Keri Smith - now available in a colour version as well as black and white
- 'Ordnance Survey Puzzle Book' - Ordnance Survey

A little more challenging

- 'Factfulness' - Hans Rosling
- 'Prisoners of Geography', 'Worth Dying For' and 'Divided' - Tim Marshall
- 'Off the Map' - Alastair Bonnett
- 'The Human Planet' - Simon Lewis and Mark Maslin
- 'The Almighty Dollar' - Dharshini David

Useful Websites and Apps

- www.geoguessr.com – Location guessing game using Google Earth photography
- Speed geography (App) – Map based game
- Geoquest (App) – Fun way to learn facts about different countries
- www.bbc.co.uk/news - Archive of news articles relating to geography case studies
- Key Words (learnontheinternet.co.uk) – Geographical glossary of key terms.
- The World Factbook - The World Factbook (cia.gov) – Encyclopedia of facts about different countries

Graphics

Reading list and resources:

PG online AQA GCSE (9-1) Design and Technology ISBN 978 1 910523 10 0

CGP - GCSE AQA Design and technology for grade 1-9 course the revision guide ISBN 978 1 78294 752 3

Useful websites/links:

www.technologystudent.com

www.bbc.co.uk/bitesize/examspecs/zby2bdm

Summer holidays task:

Design a brand logo based around your name, surname or initials, which could be used for your own design company:

- Produce/sketch 3 initial designs – try and combine typography and imagery
- Develop a final design from your initial sketches

Watch the youtube clips below for advice:

- <https://www.youtube.com/watch?v=dQjcgEE37jA>
- <https://www.youtube.com/watch?v=UsB6MV56fLo>

Additional advice/guidance:

- Begin to create a bank of Graphic design work by taking photos or screen grabs of work you like. This will help inspire your own work as you progress.
- Practice sketching as many different styles of typography as you can.

Languages

Reading list and resources

The best reading would be the Foundation Reading exam for Spanish here. Students read all the content during the summer. That will give them an excellent overview of the course. For French here.

Spanish

Useful websites/links:

<https://www.bbc.co.uk/bitesize/examspecs/z799hbk>:

Topics

- Who am I?
- Daily life
- Cultural life
- Holidays, travel and tourism
- Town, region and country
- School
- Future aspirations, work and study
- International and global dimension
- Grammar

French

Useful websites/links: GCSE French - Edexcel - BBC Bitesize

Topics

- Daily life
- Cultural life
- Holidays, travel and tourism
- Town, region and country
- School
- Future aspirations, work and study
- International and global dimension
- Grammar

Advice/guidance: practice verb conjugation. These are good sources:

SPANISH:

- <https://www.youtube.com/watch?v=qDbs73KuuAI>
- <https://www.youtube.com/watch?v=hfWcAgihqVw&t=163s>

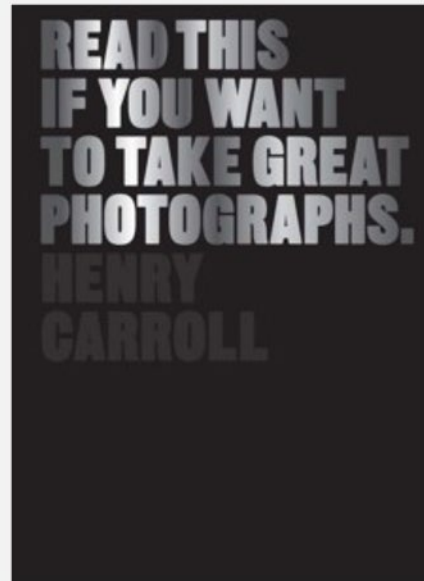
FRENCH:

- <https://www.youtube.com/watch?v=Plue3yaykYc>
- <https://www.youtube.com/watch?v=CbxrZMePugU>

Photography

Reading

'Read This If You Want To Take Great Photographs'
by Henry Carroll – a great book about iconic images that you have probably seen already (or ones you will discover soon).



Useful websites:

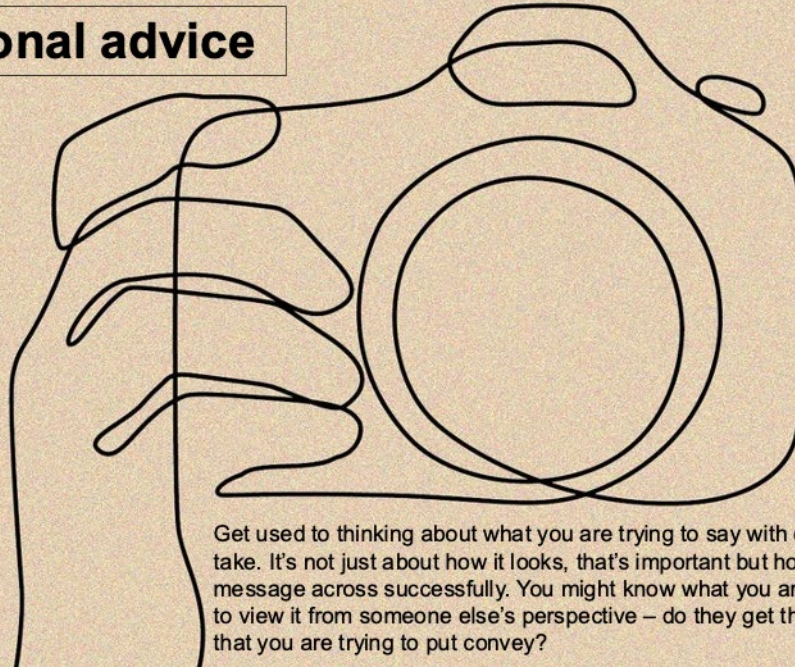
- Lots of images of the photographers we will be looking at first in your GCSE. <https://www.1854.photography/> - <https://www.pinterest.co.uk/missatkinson/toys-y9/>
- British Journal of Photography – exciting new photography from around the world. The best reportage photography from around the world. <https://www.magnumphotos.com/>
- Public gallery in London, devoted solely to photography - thephotographersgallery.org.uk/
- The Royal Photographic Society - <https://rps.org/>
- The Victoria and Albert Museum - <https://www.vam.ac.uk/collections/photographs>
- The Tate - <https://www.tate.org.uk/art/art-terms/p/photography>

Summer Project



Look at the work of the photographer Mike Stimpson and respond to his work with your own photo shoot using Lego figures or small toys. You should aim to take about 25 photographs of varying scenes. Try to set them up so that they tell a story – make it as humorous as you can.

Additional advice



Get used to thinking about what you are trying to say with each photograph you take. It's not just about how it looks, that's important but how do you get your message across successfully. You might know what you are trying to say but try to view it from someone else's perspective – do they get the same message that you are trying to put convey?

Maths at Key Stage 4

GCSE mathematics is an essential requirement for all. That aside, we aim to ensure that students leave Year 11 with a feeling of being able to do mathematics and an enjoyment of the subject.

The key areas of content in the GCSE are as follows:

- Number
- Algebra – including forming and solving equations,
- Ratio, proportion and rates of change
- Geometry and measures
- Probability
- Statistics

We follow the Edexcel exam board. The GCSE is a linear course meaning you will be assessed on all content in the Summer of Year 11. There are three papers, each an hour and a half long. One of these papers is non-calculator, with the other two are calculator. Each paper can contain questions on any area of the course.

GCSE Mathematics is split into two tiers: Foundation and Higher. All Foundation content is included on the Higher paper. The Higher paper also examines harder content that is not included on the Foundation paper. You can achieve a grade 1-5 on a Foundation paper and a grade 4-9 on a Higher paper. The majority of students initially work towards the Higher paper.

In year 9 students sit GCSE mock papers for the first time, which exposes you to GCSE style questions. You will continue to do GCSE papers formally at regular intervals.. A final decision about which tier you are entered into will not be made until the Spring Term of Year 11.

Religious Studies

Getting Ready for KS4 (GCSE)

<https://members.gcsepod.com/shared/podcasts/chapter/82503>

Exam board: AQA

<https://www.aqa.org.uk/subjects/religious-studies/gcse/religious-studies-a-8062/specification-at-a-glance>

Christianity and Islam

Theme A, B, D, E

Link to some past papers:

<https://filestore.aqa.org.uk/sample-papers-and-mark-schemes/2018/june/AQA-806215-QP-JUN18.PDF>

<https://filestore.aqa.org.uk/sample-papers-and-mark-schemes/2018/june/AQA-806213-QP-JUN18.PDF>

Best revision guide to buy and available from:

https://www.amazon.co.uk/AQA-GCSE-Religious-Studies-Christianity/dp/0198422830/ref=bx_11?pd_rd_w=hofyX&pf_rd_p=6398e171-4f42-4318-a493-6aac0e34c3e5&pf_rd_r=GA1D87DDYMJCQZ6Y4EF2&pd_rd_r=c00d6401-131c-4d5e-a4a8-a100e4bb6da4&pd_rd_wg=mj1KK&pd_rd_i=0198422830&psc=1

Amazon, WH Smith, also some stocked in school

Best online resources/apps:

<https://classroom.thenational.academy/subjects-by-key-stage/key-stage-4/subjects/religious-education>

https://members.gcsepod.com/content?subject_id=6024&exam_board_id=1054

Summer Task:

Create a collage that represents your beliefs about:

- Whether God exists
- Any beliefs about God
- Any beliefs about after-life
- Any practices you are involved in e.g., prayer, celebrating festivals
- Any beliefs about whether you think the death penalty should exist
- Anything else that represents your views about the way the world works and decisions you make - religious and non-religious

Hospitality & Catering:

Reading list/ resources

Have a good understanding of diet and nutrition and eating healthily.

Watch cooking shows such as Bake off, Masterchef and great British menu.

Useful websites/links:

www.nutrition.org.uk/

Summer task/activity

Pick a restaurant / café / food outlet / takeaway near you , or one that you like to visit. Explain the kind of food they serve, come up with a new dish for their menu – thinking about the principles of healthy eating and the eat well guide. If you can – plan and prepare the dish, take pictures, get feedback from friends or people that you live with.

If you were unable to complete some of the dishes in the Year 8 classes – have a go or revisit your favourites!

Resistant Materials

PG online AQA GCSE (9-1) Design and Technology ISBN 978 1 910523 10 0

CGP - GCSE AQA Design and technology for grade 1-9 course the revision guide ISBN 978 1 78294 752 3

Useful websites/links

www.technologystudent.com

www.bbc.co.uk/bitesize/examspecs/zby2bdm

Summer holidays task

Watch sketch a day on YouTube and try to draw some of the products. Here is a link to a drawing of a chair

<https://www.youtube.com/watch?v=pPg803lvylE>

Any additional advice/guidance

This course is about designing new products and inventions. Get some pencils and pens and practise drawing objects in 3D

History

In Year 9 as part of our AQA GCSE course you will be studying a brand-new unit called Migration Empires and People. It's an important topic as Migration and Empire have shaped Britain and our relationship with the world. Our study begins back in the time of the Vikings and Anglo Saxons and then continues up to the 21st century. The last part of the unit looks at early twentieth century immigration and the history of immigration after the Second World War.

There is lots of advice contained within the booklet and ideas on where to get help. Many museums have collections on Migrant experiences, and you could try our local museum <https://hackney-museum.hackney.gov.uk/exhibitions/> or <https://www.migrationmuseum.org/>.

Good luck and enjoy

What are the experiences of people who have come to the UK?



Getting started

1. Choose a migrant community in London to focus on _____

On your map of the world

- Colour in the country/countries that this community came from in blue and label them.
- Colour Britain green and mark where London is with a red dot. Label Britain and London.
- Draw an arrow from the country/countries of origin to London.

2. What's it like where they came from? Find some pictures to stick in the boxes below. They must show what the boxes suggest

A picture showing what the weather is like in the country of origin

A picture showing the landscape in the country of origin

A picture showing a city in the country of origin

A picture showing any other information chosen by you about the country of origin.

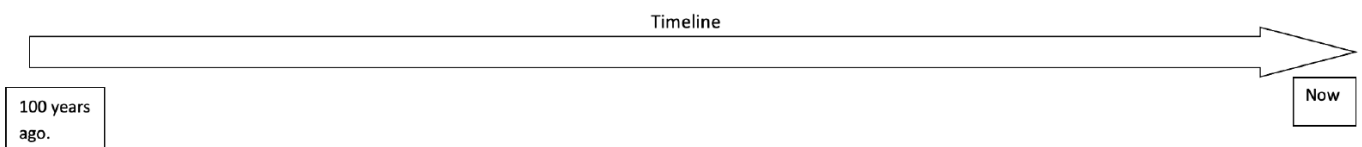


In the last 100 years some important events have happened in countries around the world.

Research the history of the country of origin you have chosen – you can ask the people you are interviewing as well as look in books and online.

Find three really important things that have happened there in the last 100 years.

Put the dates of these events on the timeline below and write two sentences about each event near the date.



PE

Core PE

In Year 9 students will receive six periods of PE a fortnight. They will be provided with the opportunity to take part in a range of different sports which will continue to foster a love of learning towards Physical Education whilst promoting a healthy, active lifestyle.

Summer Task:

Circuit – complete each station for 45 seconds with a 30 second rest period between each station. After completing eight stations have a two-minute break and repeat the circuit again.

1. High knees
2. Plank
3. Squats
4. Burpees
5. Sit ups
6. Bicycle crunches
7. Push ups
8. Star jumps

GCSE Physical Education

Exam board: OCR

Link to spec: <https://www.ocr.org.uk/Images/234822-specification-accredited-gcse-physical-education-j587.pdf>

Cambridge National Sports Studies

Exam board: OCR

Link to spec: <https://ocr.org.uk/Images/610953-specification-cambridge-nationals-sport-studies-j829.pdf?hsCtaTracking=e10010cf-7466-4f06-b24e-ceedba4cf3f4%7C8e508aa4-27bb-4e7b-8c00-beb0704c5f22>

Summer task:

Complete a report on your favourite summer sporting event. The report can be in the form of a newspaper article, a podcast or a social media video. The report should include:

- The name of the event and where it took place
- The sport that the event was showcasing
- Two key moments during the event
- A summary of the event to end the report

OR

Create an advert involving an athlete of your choice to promote a brand. This can be completed in a poster format on Microsoft Word or PowerPoint.

Additional advice/ guidance: Watch and read a wide range of sports. This will allow you to apply real life examples to each course. Please see a list of the programmes below which are available on streaming sites.

BBC iPlayer

Show	Description	Link to theory
Football going Vegan	One off documentary looking into the recent rise of footballers switching to a plant-based diet	Diet and nutrition relevant for all courses
Shane Williams: rugby, concussion and me	Investigation into the effect concussions can have on our brains with a specific look at Rugby	Useful insight for A Level paper 1 and BTEC into the significance of a concussion and how serious it can be.
Question of Sport	Test your sporting knowledge by playing along with this very long running series, it's been on BBC since 1970	Just for fun

Netflix

Show	Description	Link to theory
The English Game	Story of Fergus Suiter and him becoming the first professional footballer	Really good and accurate depiction of the history of football which comes up in A Level Paper 3. Looks at professionalism, rationalisation and football in 19 th century. You can see how much and far football has come
The Game Changers	Nutrition documentary about the perils of eating meat and how athletes are switching to veganism	Lots of links to the effect of diet and nutrition on performance. A Level, GCSE, CAMNAT and BTEC all relevant here
Icarus & Stop at Nothing	Both documentaries look at doping in sport but from different angles. Icarus takes an investigatory approach whereas Stop at Nothing looks into Lance Armstrong and his doping scandal	Very good look at illegal ergogenic aids which links to both paper 1 and 3 for A Level. Also part of GCSE
Katie	Story of Katie Taylor and Irish female boxer and her back story	An interesting take on female participation and the barriers to participation relevant for all theory courses. An inspirational character
Dawn Wall	A climbing story of two men who attempt to scale one of the hardest climbs in the world in the Yosemite Valley	Good to look at the dedication of athletes and how they set out to achieve their aspirations. If nothing else, this is just insane to watch!

Amazon Prime

Show	Description	Link to theory
The Test	Behind the scenes series following the Australian Cricket team and how they had to completely change following the ball tampering controversy.	Links to deviance which comes up in A Level and BTEC but also how athletes and coaches work together. How teams develop and bond and the vast amount of backroom staff professionals have behind them.
All or nothing	Another behind the scenes docu series, but this one has many variations from Man City to the New Zealand rugby team.	No direct theory links but good to see what goes on behind the world's most successful teams
Resurfacing: Andy Murray	A year long look at Andy Murray's journey back from a series of serious injuries.	Great insight into the rehabilitation of a serious sports injury and those people involved with a professional athlete. Relevant for all courses!!
Eat. Race. Win	A series looking at the nutrition of Tour de France cyclists and how they look to make marginal gains using their diet.	Again, relevant for all courses as this is a good analysis of an athletes diet and nutritional intake.
Fittest on Earth	The "fittest" people in the world take on the CrossFit games	Good look at training methods and adaptations so relevant for A level Paper 1, GCSE and BTEC

ITV Hub

Show	Description	Link to theory
Out of their Skin	Documentary about the history of black footballers in Britain, featuring Raheem Sterling	Racism in sport and the strategy of the FA to combat it. Useful for BTEC sport and A Level PE paper 3
Euro 96	A re-running of Euro 96, the football championships hosted in England.	Not yet available but well worth a watch. The closest England have come to winning a competition in my lifetime. Some great games, most notably England v Holland.

Channel 4

Show	Description	Link to theory
Smashing the glass ceiling	A look into women's wrestling and how it's trying to balance its inequality	Women in sport and the gender gap. Useful for participation and barriers stuff in A Level, GCSE and BTEC
Wolff meets Southgate	England head coach meets Mercedes Head boss to discuss leadership	Excellent insight into the different approaches to leadership in sport. Two very different sports but forward-thinking individuals. Useful for BTEC Psychology unit and A Level PE paper 2
Diego Maradona	Film about one of the greatest footballers of all time and his battles with addiction and his move to Napoli	Just a good film about a good footballer
Para Sport	There's lots of para sport available to watch on channel 4	This is a really good example of media and how they can promote sport, and in this case a niche spectator sport. This relates to paper 3 for A Level and multiple units for BTEC sport. Plus, it's also just good to see what people can achieve when they put their minds to it.

MHST

MHST will be hosting 2 Well-being days over the summer

Dates & Times

Thursday 28th July -
Meet outside Clissold Park Cafe

Monday 22nd August -
Meet outside Victoria Park Pavillon

Both days will start from 10-3pm

Activities include:

- Well-being walk
- Football Group
- Creative writing
 - Art making
- Dance & Movement
- Photography (bring your own phone)

Plan for the day:

Come along on the day and sign up for as many activities as you like.

Each session will be led by one of our team and will last 45 minutes.

MHST will have personalised t-shirts on, so you always know its us.

MHST will Provide a Picnic: Drinks & Snacks (Water, Fruits etc.)

Requirements: You must be 13+

if you have any further questions please email: Thereza.akinyombo2@nhs.net



**Thank you for
reading!**

Our Core Values

Compassion | Ambition | Resilience | Excellence