Information & Resources

Childnet International

A non-profit organisation working in partnership with others around the world to help make the internet a great and safe place for children. The Childnet website has a range of resources for young people, parents/carers and adults who work with children. **www.childnet.com**

A **Parents and Carers** section with key information and advice about online risks. **www.childnet.com/parents-and-carers**

A template **Family Agreement** and conversation starters to help families discuss online safety. **www.childnet.com/have-a-conversation**

UK Safer Internet Centre

Cofunded by the European Commision from 2011-2021, the UK Safer Internet Centre raises awareness about online safety, develops resources and organises high profile events such as Safer Internet Day. **www.saferinternet.org.uk**

A Parents' Guide to Technology for managing devices and **Internet Parental Controls** videos.
www.saferinternet.org.uk/parent-tech   **www.saferinternet.org.uk/parental-controls**

Free **Social Network Checklists** for privacy settings on Facebook, Twitter, Instagram and Snapchat. **www.saferinternet.org.uk/checklists**

CEOP Command

The National Crime Agency's CEOP Command tackle child sexual abuse and exploitation online. The website includes the **Click CEOP** report button that allows both adults and young people to make reports of actual or attempted abuse online. **www.ceop.police.uk**

CEOP's **Think U Know** site contains information for children of all ages, as well as parents/carers. **www.thinkuknow.co.uk**

NSPCC

If you have concerns about the online safety of a child then contact the **NSPCC helpline** on **0808 800 5002** or email **help@nspcc.org.uk.** **www.nspcc.org.uk**

Children can talk to someone for advice and support at any time by contacting **Childline** on **0800 1111** or chatting to a counsellor online at **www.childline.org.uk**.

Other useful sites for parents/carers

Internet Matters
www.internetmatters.org

Digital Parenting
vodafone.co.uk/mobile/digital-parenting

Common Sense Media (US)
www.commonsensemedia.org

Family Lives
www.familylives.org.uk

Where to report

Click CEOP—Grooming
www.ceop.police.uk

Internet Watch Foundation—Child Abuse Content
www.iwf.org.uk

UK Safer Internet Centre— Harmful Online Content
reportharmfulcontent.com

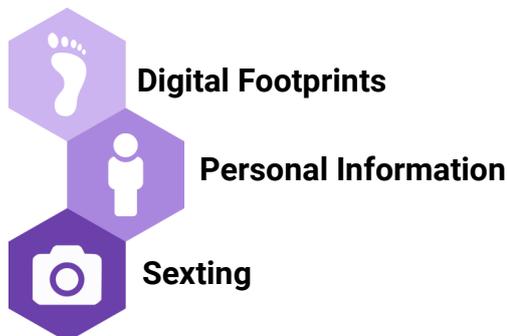**TrueVision**—Report online hate crime
www.report-it.org.uk

SWGfL Safe, Secure, Online   **UK Safer Internet Centre**

e: gareth.cort@swgfl.org.uk   **w:** www.swgfl.org.uk

Have A Conversation!

1. Listen
2. Help/support
3. Get cross? (Always optional!)
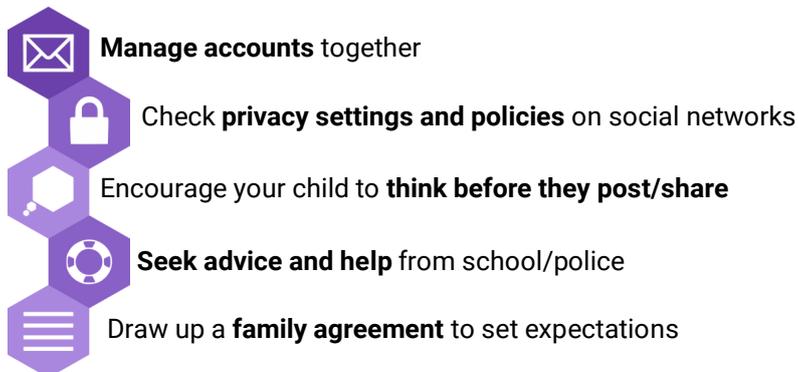
Supporting Your Child Online

- Different doesn't equal wrong!
- Use real stories and news as a way in.
- Discuss feelings honestly.
- Start with a statement rather than an accusation.
- Scaremongering rarely gets results.
- Be a **role model**
- Reinforce **positive behaviour**.
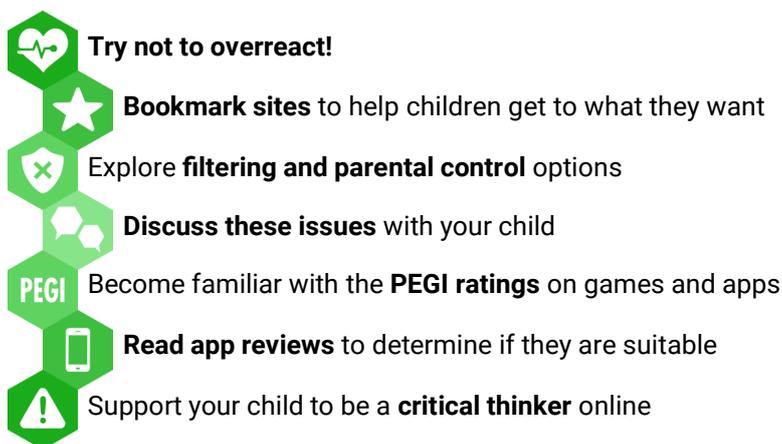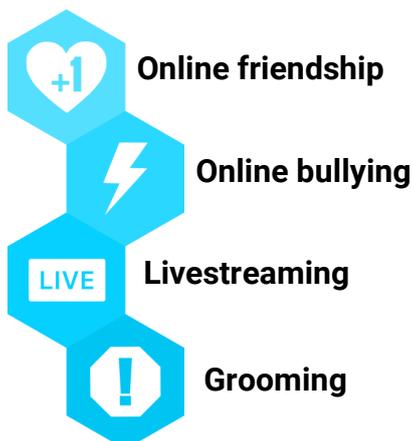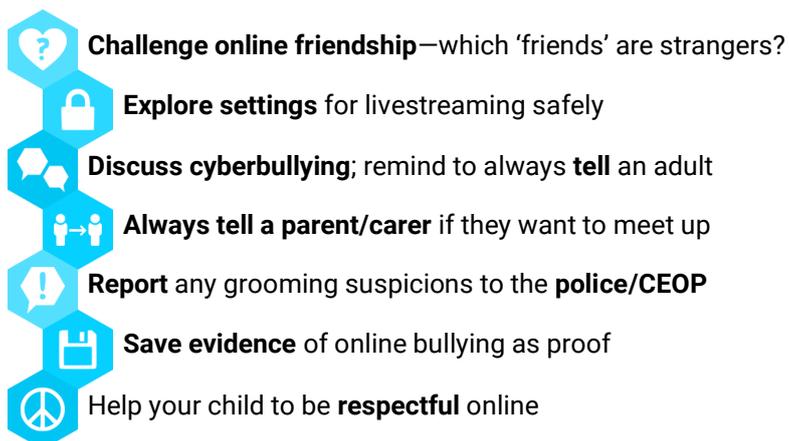
Online Risks

Conduct Issues:

- Digital Footprints
- Personal Information
- Sexting

Advice:

- **Manage accounts** together
- Check **privacy settings and policies** on social networks
- Encourage your child to **think before they post/share**
- **Seek advice and help** from school/police
- Draw up a **family agreement** to set expectations

Content Issues:

- **18** Adult content
- Extremist content
- Games and Apps
- **?** Inaccurate information

Advice:

- **Try not to overreact!**
- **Bookmark sites** to help children get to what they want
- Explore **filtering and parental control** options
- **Discuss these issues** with your child
- Become familiar with the **PEGI ratings** on games and apps
- **Read app reviews** to determine if they are suitable
- Support your child to be a **critical thinker** online

Contact Issues:

- Online friendship
- Online bullying
- **LIVE** Livestreaming
- **!** Grooming

Advice:

- **Challenge online friendship**—which 'friends' are strangers?
- **Explore settings** for livestreaming safely
- **Discuss cyberbullying**; remind to always **tell** an adult
- **Always tell a parent/carer** if they want to meet up
- **Report** any grooming suspicions to the **police/CEOP**
- **Save evidence** of online bullying as proof
- Help your child to be **respectful** online

View the presentation slides for free:
bit.ly/401pKPT