

Curriculum Map 2023-24

Year 7

		Unit title with hyperlink to scheme of work	Unit summary	Skills & content covered	Key concepts in PE lessons	Links to GCSE skills and content	Summary of formative marking, feedback and student response	Summative assessment schedule, including assessment criteria
Winter Sports	Football	KS3 PE Content Overview 2023-24	Developing both the skills required for competence in football and an understanding of rules and tactics	Dribbling, Shooting, Passing, Attacking and Defensive tactics	HT1 - Why we study PE (Physical Benefits, Mental Health, Social Health and well-being) HT2 - How to improve in PE (Providing and Acting upon Feedback) HT3 - Positivity (Confidence, Attitude and Positivity in PE) HT4 - Don't fear failure (Comfort Zones, Failure, Growth Mindset) HT5 - Setting goals in PE (Intrinsic and Extrinsic motivation and goal setting) HT6 - Achieve in PE (Persistence, Determination, Celebrating progress)	Practical assessment in team sports	PE Feedback policy 2023-24	Assessment against the Head, Heart & Hands assessment criteria at the end of each sport unit. The final lesson of each sport scheme of work incorporates a summative assessment of the core and advance skills.
	Badminton		Developing both the skills required for competence in badminton and an understanding of rules and tactics	Attacking shots, defensive shots, tactics		Practical assessment in individual sports		
	Trampolining		Developing both the skills required for competence in trampolining and an understanding of compositional ideas	Shapes, rotational movements, body tension and aesthetic		Practical assessment in individual sports		
	Table Tennis		Developing both the skills required for competence in table tennis and an understanding of rules and tactics	Attacking shots, defensive shots, tactics		Practical assessment in individual sports		
	Basketball/netball		Developing both the skills required for competence in basketball and an understanding of rules and tactics	Shooting, Passing, Movement, Attacking and Defensive tactics		Practical assessment in team sports		
Summer Sports	Rounders	Developing both the skills required for competence in rounders and an understanding of rules and tactics	Hitting, fielding, throwing, catching, tactics	Practical assessment in individual sports				
	Athletics	Developing both the skills required for competence in athletics and an understanding of rules and tactics	Track events, field events, rules and regulations	Practical assessment in individual sports				