

Curriculum Map 2023-24

Year 10

Pathway	Unit summary	Skills & content covered	Skills & content revisited	Summary of formative marking, feedback and student response	Summative assessment schedule, including assessment criteria
Competitive	A range of activities throughout the year with a focus on traditional team sports and individual sports where competition can be promoted.	Improving performance and playing competitive matches and games. Example sports: Football, Netball, Table Tennis, Athletics	Practical sport specific skills Key PE concepts from Heart curriculum focusing on participation	PE Feedback policy 2023-24	Assessment against school wide Attitudes to Learning and Attitudes to Others criteria
Participation	A range of activities throughout the year with a focus on both traditional sports and sports which have not been taught at KS3 to increase exposure to different ways to be physically active and increase participation in sport	Learning new skills in a range of sports in a less pressured environment. Example sports: Football, Netball, Volleyball, Trampolining, Fitness, Group exercise	Practical sport specific skills Key PE concepts from Heart curriculum focusing on participation		
Personal development	A range of activities throughout the year with a focus on alternative activities and sports which will promote engagement with physical activity and the benefits of participating in a range of sports	Using sport to improve physical and mental health. Example sports: Trampolining, Outdoor and Adventurous activities, Group exercise, Dodgeball	Practical sport specific skills Key PE concepts from Heart curriculum focusing on participation		