

Lesson	Y7 - Managing Change - Tutor	Y7 Managing Change - Curriculum	Y8 - Proud to be Me - Tutor	Y8 - Proud to be Me - Curriculum	Y9 - Essential Life Skills - Tutor	Y9 - Essential Life Skills - Curriculum	Y10 - Rights & Responsibilities - Tutor	Y10 - Rights & Responsibilities - Curriculum	Y11 - Sexual Health - Tutor	Y11 - Sexual Health - Curriculum	Y12 - Relationship Values and Consent	Y13 - Employment and Responsibilities
1	Getting to Know People	What is PSHE?	Careers & Aspiration	Employability & Enterprise Skills	Resilience: Failure to Success	Assertiveness	Consumer Rights	Instagram & TikTok Generation	Peer on Peer Bullying	Fertility and What Impacts it.	Types of Relationships	Sixth Formers and Employment Rules
2											What is Discrimination & Prejudice?	Meaningful Professional Relationships
3	What is a community?	Careers and Your Future	The Importance of Happiness	Proud to be Me.	Labour Market Information	Saving and Managing Money	Employment Rights	Targeted Advertising	Alcohol, Parties & Making Informed Choices	Importance of Sexual Health	What is Prejudice (About Relationships)	What is Professional Conduct
4											Consent, Sexual Norms and Expectations	Confidentiality in the Workplace
5	Transition Points in Your Life	Sleep and Relaxation	Exploring Careers	Self Esteem & Media	Finance, Budgeting & Employment	Social media & Online Stress	Exploring a Paycheck	What is Marriage?	Respect, Love & Relationships	Revisiting Contraception	Consent Around the World	The Gig Economy Explained
6											Police Investigation of Sexual Assaults	Bullying and Harassment in the Workplace
7	Pressure, Influence and Friends	Financial Education	Careers	What Makes me Angry?	Introduction to First Aid	Exploring Careers and workplace skills	What is tax?	Rights & Responsibilities	Sexual Health Clinics	Revisiting STI's		Striking + Trade unionism
HALF TERM												
Lesson	Y7 - Puberty and Body Development - Tutor	Y7 - Puberty and Body Development - Curriculum	Y8 - Physical Health and Mental Wellbeing - Tutor	Y8 - Physical Health and Mental Wellbeing - Curriculum	Y9 - Body Confidence - Tutor	Y9 - Body Confidence - Curriculum	Y10 - Mental Health and Wellbeing - Tutor	Y10 - Mental Health and Wellbeing - Curriculum	Y11 - Your Future and Beyond - Tutor	Y11 - Your Future and Beyond - Curriculum	Y12 - Risks, Personal Safety and Drugs	Y13 - Sexual Health and Self-concept
8	Personal Hygiene	Intro to Puberty	Types of Bullying	Health & Wellbeing	How Self-Esteem Changes	What is a Penis?	Screen Time	Common Types of Mental Health	Exam Stress & Anxiety	Screen Addiction & Studying	Getting Home Safely	Skills to Manage Transitional Life Phases
9											Planning a Holiday & Safety	Body Image and Pressure to Fit in
10	Self-Esteem	Puberty (Girls focus)	Healthy Eating and Cholesterol	What is Mental Health?	HBT – Bullying	What is a Vulva?	Promoting Emotional Wellbeing	Re-Framing Negative Thinking	Post 16 options	Social Media Vs Real Life	Importance of Basic First Aid	Appearance Vs Reality
11											Crime & Emergency Services	Body Modifications
12	Tooth Decay & Dental Hygiene	Puberty (Boys Focus)	Stress Management	Positive Body Image	Media and Airbrushing	Dealing with Grief and Loss	The power of sleep	Promoting Positive Mental Wellbeing	Writing a CV	UCAS vs. Apprenticeships vs. Employment	Assertiveness and Alcohol	Revisiting STI's

13											Alcohol & Impact on Reputation	Importance of Sexual Health - sensitive topic
14	Alcohol & Risk	Growing Up	Social media and mental health	Abuse	Struggles in school - Helping teens	Cancer Prevention & Healthy Lifestyles	Anxiety and the stigma around it	Getting Help	Writing a Personal Statement	The Future of Work	Drink Spiking & intoxicated Drivers	Sexual Health Misconceptions
END OF TERM												
Lesson	Y7 - Friends, Respect and Relationships - Tutor	Y7 - Friends, Respect and Relationships - Curriculum	Y8 - Identity, Relationships and Sex Education - Tutor	Y8 - Identity, Relationships and Sex Education - Curriculum	Y9 - Sex, the Law and Consent - Tutor	Y9 - Sex, the Law and Consent - Curriculum	Y10 - Exploring Relationships and Sex Education - Tutor	Y10 - Exploring Relationships and Sex Education - Curriculum	Y11 - Staying Safe - Tutor	Y11 - Staying Safe - Curriculum	Y12 - Bullying, Abuse and Discrimination	Y13 - Parenthood and Contraception
15	What Makes a Good Friend?	Consent and Boundaries	Being Yourself & Self-Love	Introduction to Relationships	Sexism and Gender Roles	Why Have Sex?	Controlling and Abusive Relationships	Unhealthy Relationships & Sexual Violence	Online Reputation & Digital Footprints	Cosmetic & Aesthetic Procedures	Gaslighting + Emotional Abuse	Routes to Parenthood
16											Coercion in Relationships	Unintended Pregnancies + Options
17	Friendships & Online Relationships	Respect and Relationships	What is Love?	Sexual Orientation	Sexual Consent	Sexual Harassment & Stalking	Sexualisation of the media	Sexting Nudes and inappropriate pictures	Virtual Reality & Live Streaming	Substance Addiction	Forced Marriage & Honour Based Violence	Fertility - What Impacts it.
18											Harassment & Stalking	Pregnancy & Employment Law
19	Being Positive	What Does it Mean to be a Man Today?	Dealing with Conflict	Periods & Menstrual Cycles	Relationships & Partners	Domestic Abuse & Domestic Violence	Pleasure & Delaying Sex	Online Pornography (Myths vs Reality)	Festivals & Nitrous Oxide	Violence Against Women	How to De-Escalate Social Situations	Menstrual Charting
20											Culture and Diversity in Britain	Revisiting Contraception
END OF TERM												
Lesson	Y7 - Staying Safe Online and Offline - Tutor	Y7 - Staying Safe Online and Offline - Curriculum	Y8 - Law, Crime and Society - Tutor	Y8 - Law, Crime and Society - Curriculum	Y9 - Legal and Illegal Drugs - Tutor	Y9 - Legal and Illegal Drugs - Curriculum	Y10 - Violence, Crime and Seeking Safety - Tutor	Y10 - Violence, Crime and Seeking Safety - Curriculum	Y11 - Adult Health and Looking After Yourself - Tutor	Y11 - Adult Health and Looking After Yourself - Curriculum	Y12 - Healthy Lifestyles and Mental Health	Y13 - Financial Choices
21	Healthy phone use and communication online	Avoiding Gangs & Criminal Behaviour	Desert Island - Living	Law making process in the UK.	Drug (mis)use	Different Types of Addictions	Media Influence, Radicalisation and Extremism	Honour Based Violence	Abusive Relationships	Foetal development, pregnancy and abortion	Wellbeing and mental health	Budgeting at University
22											Online wellbeing - Bias and extremism	Salary Deductions from a Payslip
23	Making healthy choices - food and sleep	Online Gaming, Grooming & Addiction	Desert Island - Building community spirit	Prisons, reform & punishment	The War on Drugs	Drug Classifications	Keeping Your Data Safe	Forced Marriages & Breast Ironing	Parenthood for Teenagers	Testicular & Prostate Cancer	Mental Health and Masculinity	Trading and Investment Over Time

24												Conversations about Mental Health	Consumer Rights in the UK
25	Peer pressure, exploitation & knife crime	Nicotine & Smoking	Desert Island - Decision making & constitution.	Discrimination and Prejudice	Alcohol and alcohol related emergencies	Party Drugs & Illegal Drugs	Causes of knife Crime	Online Gambling	Gender Norms and identities	Cervical, Breast and Ovarian Cancer	Making healthy choices and preventing illness	Understanding Rental Contracts	
26											Healthy food and exercise	Being Financially Savvy	
END OF TERM													
Lesson	Y7 - Celebrating Differences Tutor	Y7 - Celebrating Differences - Curriculum	Y8 - Equality and Diversity Explored - Tutor	Y8 - Equality and Diversity Explored - Curriculum	Y9 - Contraception and STI's - Tutors	Y9 - Contraception and STI's - Curriculum	Y10 - Exploring World Issues - Tutor	Y10 - Exploring World Issues - Curriculum	Y11 - Revision Skills	Y11 - Revision Skills	Y12 - Media Literacy and Digital Resilience	Y13 - Forming Respectful Relationships	
27	Exploring identities and similarities (1)	What is a community?	Know your rights	Equality Act & Gender Equality	HIV & AIDS	Introduction to Contraception	Peace, War and Conflict	International Organisations			Media literacy incl. online part 1	Importance of building relationships	
28											Media literacy incl. online part 2	Importance of Family and Friends	
29	Exploring identities and differences (2)	Learning Disabilities	Ableism and Disability Discrimination	Gender Identities	HIV - Discrimination & Prejudice	Contraceptive Methods	Aid & Supporting Countries	What are Human Rights?			Online Hate and Misogyny	Online Dating and Personal Safety	
30											Online Wellbeing - Bias and extremism	Exploring Emotional Intimacy	
31	Identifying and understanding bullying	Challenging Islamophobia	Removing Barriers & Equality for All	Appreciating diversity	Sexual Harassment & Stalking	Sexual Health - STIs, testing and protection	Fairtrade & Free-Trade	Striking & Trade Unionism			Using social media responsibly	Managing Toxic Friendships	
												Power Differences in Relationships	
												Breaking up Relationships	
HALF TERM													
Lesson	Y7 - Politics and Parliament - Tutor	Y7 - Politics and Parliament - Curriculum	Y8 - Dangerous Society Online and Offline - Tutor	Y8 - Dangerous Society Online and Offline - Curriculum	Y9 - Combating Extremism and Terrorism - Tutor	Y9 - Combating Extremism and Terrorism - Curriculum	Y10 - Exploring British Values - Tutor	Y10 - Exploring British Values - Curriculum	Y11 - Revision Skills	Y11 - Revision Skills	Y12 - Work, Careers and Pathway Choices	Y13	
32	Why is Politics Important?	The Role of the Prime Minister	Cyber-Bullying	County Lines & Gangs	Conspiracies Theories & Narratives	War & Conflict	British Values & Identity	Critical Thinking & Fake News			Preparation for the Workforce		
33					Anti-Semitism in the UK						Being Ambitious with my Careers Goals		
34	How is our Country Run?	Politics, Debates and Parliament	Alcohol Safety Education	Substance Misuse	Extremism in all its Forms	The Radicalisation Process	Mutual Respect and Tolerance	Hate Crime in the UK			Alternatives to going University.		

35											Knowing my own Strengths and Qualities	
36	The Monarchy and King Charles III	Elections and Campaigning	Child Exploitation and Online Protection	Grooming Boys and Girls	What is Terrorism?	Counter Terrorism	Democracy Explored	Individual Liberty			How to Produce a Compelling CV	
38											How to Answer Job Interview Questions.	
38											Career Possibilities in a Global Economy	
END OF TERM												