

SPRING MENU

WEEK 1
WEEK 2
WEEK 3

MON

TUES

WED

THURS

FRI

MAIN
£2.45

BLACK BEAN
CHICKEN WITH STIR
FRIED EGG NOODLES
(CE, E, SO, G/B, W)

LEMON & HERB PIRI
PIRI CHICKEN WITH
SPICY RICE

BUTCHERS SAUSAGE
WITH ROAST POTATO
& GRAVY
(MK, SU, G/W)

BEEF & LENTIL CHILLI
CON CARNE WITH
STEAMED RICE &
CRUSHED NACHOS
(MU*, G/B*, O*, R*, W*)

FULLY LOADED BEEF
BURGER WITH FRIES
(E, MK, SO, SU, SE*,
G/W)

MEAL
DEAL
£2.60

ROOTS & SHOOTS
£2.45

BLACK BEAN WINTER
VEGETABLES WITH
STIR FRIED EGG
NOODLES
(CE, E, SO, G/B, W)

LEMON & HERB PIRI
PIRI QUORN & SPICY
RICE
(G/W)

VEGGIE SAUSAGE
WITH ROAST POTATO
& GRAVY
(MK, G/W)

SMOKEY PLANT BASED
CHILLI WITH STEAMED
RICE & CRUSHED
NACHOS
(E, SO*, G/B)

MARGHERITA PIZZA
WITH CHIPS & HOUSE
SALAD
(MK, G/W)

PASTA POPINA
£2.30

TOMATO & BASIL
PASTA
(G/W)

CREAMY CAJUN
PASTA
(MK, MU, G/W)

TOMATO & PESTO
PASTA
(G/W)

CREAMY CARBONARA
(MK, G/W)

MEDITERRANEAN
VEGETABLE PASTA
(G/W)



ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

PUD
£1.20

JAM & COCONUT
SPONGE WITH
CUSTARD
(E, MK, SO*, G/W)

CHOCOLATE &
ORANGE MARBLE
CAKE
(E, MK, SO*, G/W)

APPLE TART WITH
CUSTARD
(MK, G/W)

PEACH & GINGER
CRUMBLE WITH
CUSTARD
(MK, G/W)

CARROT CAKE
(E, G/W, B*, O*, MK)

ALLERGENS KEY:

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SE = SESAME
SO = SOYA
SU = SULPHUR DIOXIDE

* = MAY CONTAIN

SPRING MENU

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WEEK 3

MON

TUES

WED

THURS

FRI

MAIN
£2.45

CHICKEN FAJITAS,
NACHOS, SOUR
CREAM & SALSA
(MK, SO*, G/W)

PEPPERONI PIZZA
WITH CHIPS & CHEF'S
SALAD
(CE*, E*, MK, MU*,
SO*, G/W)

GARLIC & THYME
CHICKEN LEG WITH
ROAST POTATOES,
SEASONAL
VEGETABLES &
GRAVY

ITALIAN MEATBALL &
ROASTED VEGETABLE
RAGU WITH PASTA
(CE, G/W)

FISH & CHIPS WITH
FRESH MINTED
MUSHY PEAS &
HOMEMADE TARTARE
SAUCE
(E, F, MU, G/B*, W)

ROOTS & SHOOTS
£2.45

SPICY QUORN &
VEGETABLE FAJITAS
WITH NACHOS, SUOR
CREAM
(E, MK, MU, SO*, G/B,
W)

MARGHERITA PIZZA
WITH CHIPS & CHEF'S
SALAD
(MK, G/W)

VEGETABLE MEATLOAF
WITH STICKY GLAZE &
SEASONAL ROASTED
VEGETABLES
(CE, E, G/B, W)

ITALIAN PLANT-
BASED MEATBALL &
ROASTED VEGETABLE
RAGU WITH PASTA
(CE, E*, MU*, SE*, SO,
G/B, W)

CHEESE & ONION
PASTY & CHIPS
(MK, G/W)

PASTA POPINA
£2.30

TOMATO & BASIL
PASTA
(G/W)
V

CREAMY CAJUN
PASTA
(MK, MU, G/W)

TOMATO & PESTO
PASTA
(G/W)
V

CREAMY CARBONARA
(MK, G/W)

MEDITERRANEAN
VEGETABLE PASTA
(G/W)
V

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

PUD
£1.20

CHOCOLATE &
BANANA SPONGE
WITH CHOCOLATE
SAUCE
(E, MK, SO*, G/W)

EVE'S PUDDING WITH
CUSTARD
(E, MK, SO*, G/W)

CARAMEL APPLE
CRUMBLE WITH
CUSTARD
(MK, G/W)

CHOCOLATE SPONGE
CAKE
(E, MK, SO*, G/W)

JAM & COCONUT
SPONGE WITH
CUSTARD
(E, MK, SO*, G/W)

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MEAL
DEAL
£2.60

Theme
Days



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WEEK 1
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MON

TUES

WED

THURS

FRI

MAIN
£2.45

BEEF & LENTIL
BOLOGNESE WITH
PENNE AND CHEF'S
SALAD
(G/B*, W)

TUSCAN CHICKEN
WITH PAPRIKA
WEDGES
(G/W)

BEEF & LENTIL
COTTAGE PIE WITH
SEASONAL GREEN
VEGETABLES & GRAVY
(G/B*, W*)

CHICKEN TIKKA
MASALA WITH PILAU
RICE
(MK, MU*, G/B*, O*,
R*, W*)

PEPPERONI PIZZA &
CHIPS
(CE*, E*, MK, MU*,
SO*, G/W)

MEAL
DEAL
£2.60

ROOTS & SHOOTS
£2.45

MAC & CHEESE WITH
CHEF'S SALAD
(MK, G/W)

CHEESY ROASTED
SQUASH & ROOT
VEGETABLE LASAGNE
WITH CHEF'S SALAD
(E*, MK, G/W)

SWEET POTATO &
SQUASH SHEPHERD'S
PIE WITH SEASONAL
VEGETABLES & GRAVY
(CE, MK, G/B, W)

CHICKPEA &
VEGETABLE MASALA
WITH PILAU RICE
(CE, MK, MU*, G/B*,
O*, R*, W*)

CHEESY VEGGIE
CHILLI DOG & CHIPS
(E, MK, MU, SE*, SO*,
G/B, O*, R*, W)

Theme
Days



PASTA POPINA
£2.30

TOMATO & BASIL
PASTA
(G/W)
V

CREAMY CAJUN
PASTA
(MK, MU, G/W)

TOMATO & PESTO
PASTA
(G/W)
V

CREAMY CARBONARA
(MK, G/W)

MEDITERRANEAN
VEGETABLE PASTA
(G/W)
V

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

PUD
£1.20

CARAMEL APPLE
CRUMBLE WITH
CUSTARD
(MK, G/W)

STICKY TOFFEE
PUDDING
(E, MK, G/W)

CHOCOLATE &
ORANGE MARBLE
CAKE
(E, MK, SO*, G/W)

BANANA &
BERRY LOAF
(E, MK, SO*, G/W)

ORANGE &
CRANBERRY SPONGE
(E, MK, SO*, G/W)

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