

Lesson	Y7 - Identity and Community - Curriculum	Y8 - Relationships - Curriculum	Y9 - Identity and Community - Curriculum	Y10 - Relationships - Curriculum	Y11 - Identity and Community - Curriculum	Y12 - Relationships	Y13 - Transition, Identity and Community
1	Exploring identities and similarities	Introduction to Relationships	Peer pressure, exploitation and knife crime	Marriage and civil partnerships	Identity and mental health	What kind of person do I want to be for and with others?	What next? Thinking about the future and leaving home
2						Sharing with others	Staying healthy
3	Exploring identities and differences	Introduction to Family relationships	Forms of discrimination and allyship	Becoming a parent	Gender norms	Maintaining old and developing new relationships	Exploring discrimination and inclusion
4						Managing intimate relationships	Norms, values and behaviour
5	What is a community?	Maintaining healthy family relationships	Discrimination and Prejudice	Family relationships and value conflicts	Gender identities	Ending and improving relationships	Appreciating diversity
6						Deepening your understanding of consent	Exploring privilege
7	Identifying and understanding bullying	Healthy friendships	Understanding racism	Communication and vulnerability in relationships	Appreciating diversity	Sexual assault and violence	
	Y7 - Community and Body Awareness - Curriculum	Y8 - Relationships - Curriculum	Y9 - Community - Curriculum	Y10 - Relationships and Wellbeing - Curriculum	Y11 - Community and Body Awareness - Curriculum	Y12 - Wellbeing	Y13 - Body Awareness
8	Challenging bullying - the bystander effect	Romantic Relationships	Anti racism	Abusive relationships	Gender Stereotypes and Relationships	Know your rights - Sexual and reproductive health	Connecting with body and emotions mindfully
9						Online wellbeing - Bias and Extremism	Looking After Your Body - Food and exercise
10	Knowing your body - the reproductive systems	Physical Intimacy	Sexual Violence and Harassment - Part 1	Know Your Rights	Grief	Using social media responsibly	Sexual Health - Condoms
11						Media influence - Identities and relationships	Sexual health - Stealthing
12	Knowing your body - the reproductive systems and sex	Unhealthy relationships, boundaries, and consent	Sexual Violence and Harassment - Part 2	Online wellbeing	Developing sexuality and readiness for sex	Conversations about mental health	Parenthood and Fertility
13						Wellbeing and mental health	Developing sexual readiness - Pleasure
14	Body image and self-care	Relationships & Intimacy online	Sexual Violence and Harassment - Part 3	Media influence and gangs	Consent - Pressure and rejection	Alcohol and drug misuse	Consent

Lesson	Y7 - Body Awareness - Curriculum	Y8 - Relationships and Wellbeing - Curriculum	Y9 - Body Awareness - Curriculum	Y10 - Wellbeing - Curriculum	Y11 - Body Awareness - Curriculum	Y12 - Independence	Y13 - Relationships and Aspiration and Money
15	Bodily changes through puberty	Contraception	Cultivating a Positive Relationship with Your Body	Balancing the pressures of modern life	Connecting with body and emotions mindfully - Stress	Creating Influence - Volunteering	Earning respect, avoiding danger: pressure on young people to join gangs
16						Making healthy choices and preventing illness	Sexism and online cultures
17	Introduction to Periods	Online wellbeing - Fake news and echo chambers	Body Image 1 - Depictions of relationships and sexuality	Alcohol and Drug Misuse	Connecting with your body and emotions mindfully - Self-concept and motivation	Personal safety - Travelling in the UK and abroad	How to budget and save our money
18						First Aid - Revising essential skills and deepening understanding	What should I expect when I go to work?
19	Period positivity	Online wellbeing - Online safety, grooming and self-esteem	Body Image 2 - Beauty standards	Healthy online relationships	Body Image in media pornography	First aid - Revising basic skills and deepening understanding 2	Finding work, interviews and reputation
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HALF TERM							
	Y7 - Independence - Curriculum	Y8 - Wellbeing - Curriculum	Y9 - Body Awareness - Curriculum	Y10 - Wellbeing - Curriculum	Y11 - Body Awareness - Curriculum	Y12 - Aspiration and Money	Y13
21	Introduction to First Aid	Media Influence	Body changes through puberty	Sexual behaviour online	Parenthood and Fertility - Choices in parenthood, pregnancy & birth	Making the most of the money we have	
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23	Introduction to Fire Safety	Media Influence on body image	Periods - Cycle Awareness and Period Poverty	Sharing content, protecting reputations	Parenthood and Fertility - Routes to parenthood, infertility and miscarriages	How do people start their own business or charity?	
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25	Personal Safety in Everyday Life Alcohol and smoking/vaping		Developing readiness for sex	How our data is shared and used to target us	Sexual Health: STIs, testing and protection	Careers in a global economy	
END OF TERM							

Lesson	Y7 - Independence - Curriculum	Y8 - Wellbeing and Body Awareness - Curriculum	Y9 - Body Awareness - Curriculum	Y10 - Independence - Curriculum	Y11	Y12 - KS5 RE unit	Y13
27	Making Healthy Choices – Personal Hygiene	Drug Ambition	Contraceptive methods	Entry safety – guns and gambling		Abortion	
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29	Making Healthy Choices – Eating and Sleep	Developing sexual awareness	Consent - Part 1	Managing our pressure		Death and Afterlife	
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31	Reducing Influence	Developing sexuality	Consent - Part 2	Creative influence		Euthanasia	
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	Y7 - Wellbeing, Aspiration and Money - Curriculum	Y8 - Body Awareness - Curriculum	Y9 - Body Awareness and Independence - Curriculum	Y10 - Independence - Curriculum	Y11	Y12 - KS5 RE unit	Y13
33	The responsibilities of the internet	Powers and consent	Sexual Health and STIs	Making healthy choices – gambling and drink driving		Origins of universe	
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35	Developing our strengths and interests	PEM - Female Genital Mutilation	Personal safety – Guns and drug related emergencies	Making healthy choices – organ donation, vaccines and health checks		Religion, Crime & Punishment	
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37	Taking control of our learning	GFM - FGM Early and Recent Messages	Personal safety – Alcohol and alcohol related emergencies	Making healthy choices – preventing cancer and heart disease		Use and Abuse of Animals and the Environment	
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